

# SOUTHERN LIVING NEWSLETTER

MANAGER: SHANNON WHITLEY MAINTENANCE: TIMMY WHITLEY

OFFICE NUMBER: 731-925-0047

OFFICE HOURS: TUESDAY – THURSDAY 9:00AM – 2:00PM

August 2016



## 10 SUMMER HEALTH TIPS

1. Reduce strenuous activities
2. Keep hydrated
3. Avoid too much sun
4. Wear lightweight clothing
5. Wear light colored clothing
6. Prefer places with cool shades
7. Enjoy ice cream or popsicles
8. Beware of heat while taking certain medications
9. Check on your neighbors
10. Drink plenty of water

## Recipe of the month

### Cheesy Bacon Ranch Tater Tots

- 1 bag frozen tater tots
- 1 cup sour cream
- ½ cup ranch dressing
- ¼ cup milk
- 1 cup shredded cheese
- 1 cup shredded mozzarella
- ½ cup bacon bits
- ¼ cup green onions
- Salt & pepper to taste

#### Directions:

Cook the tater tots on a cookie sheet per package instructions

Mix sour cream, ranch dressing and milk until well blended

Drizzle sour cream mixture over cooked tater tots

Sprinkle cheese, bacon bits and green onions on top of tater tots

Place cookie sheet back into the oven until the cheese melts and serve immediately



# AUGUST 2016

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>1</b> <b>RENT DUE</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b> <b>PEST CONTROL</b>	<b>19</b>	<b>20</b>
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>			

## DATES TO REMEMBER

**1<sup>st</sup> - RENT'S DUE (payable 2<sup>nd</sup>)**

**18<sup>th</sup> - PEST CONTROL**



**Myrl Talley**

**Aug. 2**

